

2010 - Vegas Valley Track Club
Registration Packet



Head Coach: Stacey Cooper

Phone: 702.885.1471

Email: vvtcnv@gmail.com

Website: www.vegasvalleytrackclub.org



Welcome to Vegas Valley Track Club

"Making a Difference in the Lives of Today's Youth"

The Vegas Valley Track Club is a track and field organization providing quality athletic instruction and training to high school athletes throughout the Vegas Valley. Our goal is to provide a pathway towards higher education, through the sport of track and field, to ANY high school athlete who expresses a desire to succeed.

Please ensure that the information listed below is completed and submitted with application:

- ✓ Registration Form
- ✓ USATF Membership Application
- ✓ Copy of Birth Certificate *(for new athletes)*
- ✓ Completed Event Entry and Advancement Form *(Top portion only and sign bottom both athlete and parent)*
- ✓ Signed Athlete Agreement
- ✓ Signed Team Rules Policy
- ✓ Signed Waiver of Liability
- ✓ Athlete Bio Completed
- ✓ High School Events List and official times/distances
- ✓ Recent picture *(Close up)*
- ✓ Uniform Size

Membership fees include:

- ✓ Entry fees to club-scheduled meets
(There may be optional meets that will require additional entry fees by the athlete.)
- ✓ USATF Cards
- ✓ Track Club Uniform Rental Fee
- ✓ Replacements for Spikes (Pins)

We Cater to High School Athletes

Intermediate	1994-1995	15 – 16 yrs old
Young	1992-1993	17 – 18 yrs old

Registration Fee \$100.00 - (\$55 if already has a 2010 USATF membership card and number)

Athletes will not be allowed to run in any meet until all membership fees are paid in full and paperwork is submitted.

Please download and complete the application packet and return to orientation or practice. Our practice location has not yet been determined and will be posted on our website as soon as it is confirmed

For additional information:
Email: Coach Stacey Cooper@vvtcnv@gmail.com
Website: www.vegasvalleytrackclub.org
Tel: 702.885.1471



2010 Registration Form

Vegas Valley Track Club



Head Coach: Stacey Cooper

Phone: 702.885.1471

Email: vtcnv@gmail.com

Website: www.vegasvalleytrackclub.org

Athlete Information

Last Name:		First Name:		Male <input type="checkbox"/>	Female <input type="checkbox"/>
Date of Birth:		Current Age:	Age Division:		
Cell Phone:	Cell Phone Provider:	Home Phone:			
Current address:					
City:		State:	ZIP Code:		
Email:		Uniform Size:	Regular Shoe Size (Spikes):	Running Shoe Size:	
High School:		Year:	Freshman <input type="checkbox"/>	Sophomore <input type="checkbox"/>	Junior <input type="checkbox"/> Senior <input type="checkbox"/>

Parent Information

Parent's Name:		
Parent's Address (if different from above):		
City:	State:	ZIP Code:
Phone:	E-mail:	

Emergency Contact Information

Name:	
Cell Phone:	Home Phone:
Relationship:	

Athlete Medical History

Are you under a physician's care (if yes, give reason):	
List all medical conditions and any medications currently taking:	
Insurance Provider:	Policy Holder:
Provider Phone:	Secondary Insurance:

VEGAS VALLEY TRACK CLUB PARENT WAIVER OF LIABILITY

The Vegas Valley Track Club and its officers, coaches, staff and volunteers are released from any and all liability resulting from physical injuries, pain, or suffering.

I further understand that the registration fee of \$100 is non-refundable and that other fees may be required should my child qualify for the Regional and or National Junior Olympic Championships.

Parent/Guardian Signature

Date

Please keep a copy of this form for your records and return the completed and signed form to orientation or practice



USATF Membership Application

New Member Renewal (from previous year – USATF Number _____)

Please print or type information

Last Name	First Name	Initial
<input type="text"/>	<input type="text"/>	<input type="text"/>

Address

City	State	Zip Code
<input type="text"/>	<input type="text"/>	<input type="text"/>

Sex M/F Age Today Date of Birth - - (MM-DD-YYYY – i.e.: 02-19-1958)

USA Citizen Yes No If no, country of Citizenship

Phone Number - -

Club No. Club Name

Email

(Your membership # will be emailed to you. Your email address will not be shared with anyone.)

Please check all appropriate sports codes here:

Track Field Road Running/LDR Cross Country Ultra-Marathon Mountain/Trail Race Walking

Membership Category Codes

Please use the codes below – you may indicate one or more categories.

AT: Athlete

PA: Parent

DA: Disabled Athlete

OF: Official -uncertified

OA: Official – Association

CH: Coach-uncertified

ON: Official - National

CD: Developmental certified

OM: Official - Master

C1: Coach - Level 1 certified

AD: Administrator

C2: Coach - Level 2 certified

C3: Coach - Level 3 certified

By signature below, I, a prospective member of USA Track & Field, agree to abide by the applicable USATF Bylaws, Operating Regulations, and Competition Rules for my level(s) and category(ies) of membership.

Signature (If an athlete is under age 18, parent or guardian must sign)

Date of Application

- - (MM-DD-YYYY)

Important information: Memberships are on a calendar year basis, and expire on December 31. However, if you join between November 1 and December 31 of the current year, the membership will be valid for the following year as well.

Youth members: New or lapsed memberships must submit a copy of birth certificate or other ID.

Check here if you do not wish your address used as part of a direct mail list.

OPTION 1



JOIN ONLINE AT www.usatf.org/membership

You will receive your new Membership # – Instantly!!

Have your previous membership # and password ready as they will be needed for the renewal process

OPTION 2

MAIL TO YOUR LOCAL ASSOCIATION

Mail the completed application and appropriate membership fees to your local Association.

Mailing addresses can be found at www.usatf.org/associations



Adult Membership (19 yrs & over)	\$ _____
\$ 30.00 (1-year)	\$ 80.00 (3-years)
\$ 55.00 (2-years)	\$ 100.00 (4-years)

Youth Membership (18 yrs & under)	\$ _____
\$ 20.00 x _____ =	\$ _____
# of membership years	

CONTRIBUTIONS (TAX DEDUCTIBLE) \$ _____

Please direct my contribution to LDR Youth

Masters T & F RW Association Programs

Unrestricted

TOTAL \$ _____

Please make checks payable to USATF.

Athlete Bio

Vegas Valley Track Club



Please tell us a little bit about yourself -- your academic and athletic achievements, any awards, scholarships, personal bests and school records broken, as well as any goals that you would like to achieve before graduation and beyond.

Please type or print your name here:

Start Bio Here:

Track Events: (Individual)

Event:	Best Recorded Time:
Event:	Best Recorded Time:
Event:	Best Recorded Time:
Event:	Best Recorded Time:
Event:	Best Recorded Time:

Field Events:

Event:	Best Recorded Distance:
Event:	Best Recorded Distance:
Event:	Best Recorded Distance:
Event:	Best Recorded Distance:

Events Hoping to Qualify For:	Top 5 Colleges/Universities Interested in Attending:
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.



Mission Statement and Athlete Agreement

Vegas Valley Track Club

Mission Statement:

The Vegas Valley Track Club is a track and field organization providing quality athletic instruction and training to high school athletes throughout the Valley.

We will provide a pathway towards higher education, through the sport of track and field, to ANY high school athlete who expresses a desire to succeed. We will aim to do this in the most economical way possible for the athlete and parent.

We commit ourselves to helping mold young adults into successful leaders and role models of today -- for tomorrow -- by instilling self discipline, self-determination, and respect for all people.

I, _____, will always remember the Vegas Valley Track Club's mission statement, and understand that giving 100% every day is required in order to fulfill the goals and vision of this organization. Giving less than 100% is not an option.

Athlete Signature

Date

Team Rules and Requirements

Vegas Valley Track Club



Dress Code:

- ✓ **SWEAT PANTS ARE REQUIRED AT ALL TIMES, REGARDLESS OF WEATHER.** (Shorts may be worn underneath sweats)
- ✓ Basketball shorts are not allowed (running shorts only)
- ✓ Running shoes AND spikes are required (no basketball shoes)
- ✓ Scarves and hats may only be worn during the winter months (Do-rags are not allowed)
- ✓ No half-shirts (full length only)

Practice Rules:

- ✓ Use of profanity and talking back will not be tolerated
- ✓ There will be no side-bar conversations when coaches and staff are talking
- ✓ There will be no eating of candy or gum chewing during practice
- ✓ Cell phones must remain in duffel bags during practice
- ✓ Water will be provided to the team. However, athletes should be in the habit of bringing their own water bottles to practice
- ✓ Athletes seeking financial assistance will be required to take part in any and all team

Athlete Responsibilities:

- ✓ Athletes must make it to practice on time (**15 minute grace period may be allowed**)
- ✓ Athletes are required to notify a coach prior to practice or an event, if you will be late
- ✓ Athletes are required to notify coaching staff if you are unable to attend practice or an event
- ✓ Athletes are required to be respectful to coaches, staff, other adults/volunteers and their teammates
- ✓ Athletes should be respectful and encourage and support their teammates

Discipline Policy:

- ✓ **Verbal Warning:** The first time a rule is broken, a verbal warning will be given to the athlete (*with parent notification.*) This may result in removal from practice and will be counted as a miss
- ✓ **Written Warning:** The second time a rule is broken, both the athlete and parent will sign a written warning defining the rule broken and disciplinary action to be taken. A copy will be given to the athlete and parent and a copy placed in his/her file
- ✓ **Dismissal:** The third time a rule is broken, an athlete will be released from the Vegas Valley Track Club roster

I agree to the terms above and understand that violating any team rules will have its consequences

Athlete Signature

Date

Parent/Guardian Signature

Date